

A to Z of Fundraising Ideas!



Sometimes it can be hard to get started with your fundraising, whether you are an individual fundraising for Hertfordshire Mind Network, organisation or company we have put together an A-Z (or Y!) of fundraising ideas to get you started!

If you can't find anything amongst these ideas, why not use the New Economics Foundations' Five Ways to Wellbeing to inspire an idea of your own - fundraise and look after your own mental wellbeing all at once. The five ways to wellbeing are:

- Connect
- Be Active
- Take Notice
- Learn
- Give - you've got this one sorted already by fundraising!

Here are a few ideas....

A close shave - shave or wax your beard, chest or legs to fundraise for Hertfordshire Mind Network

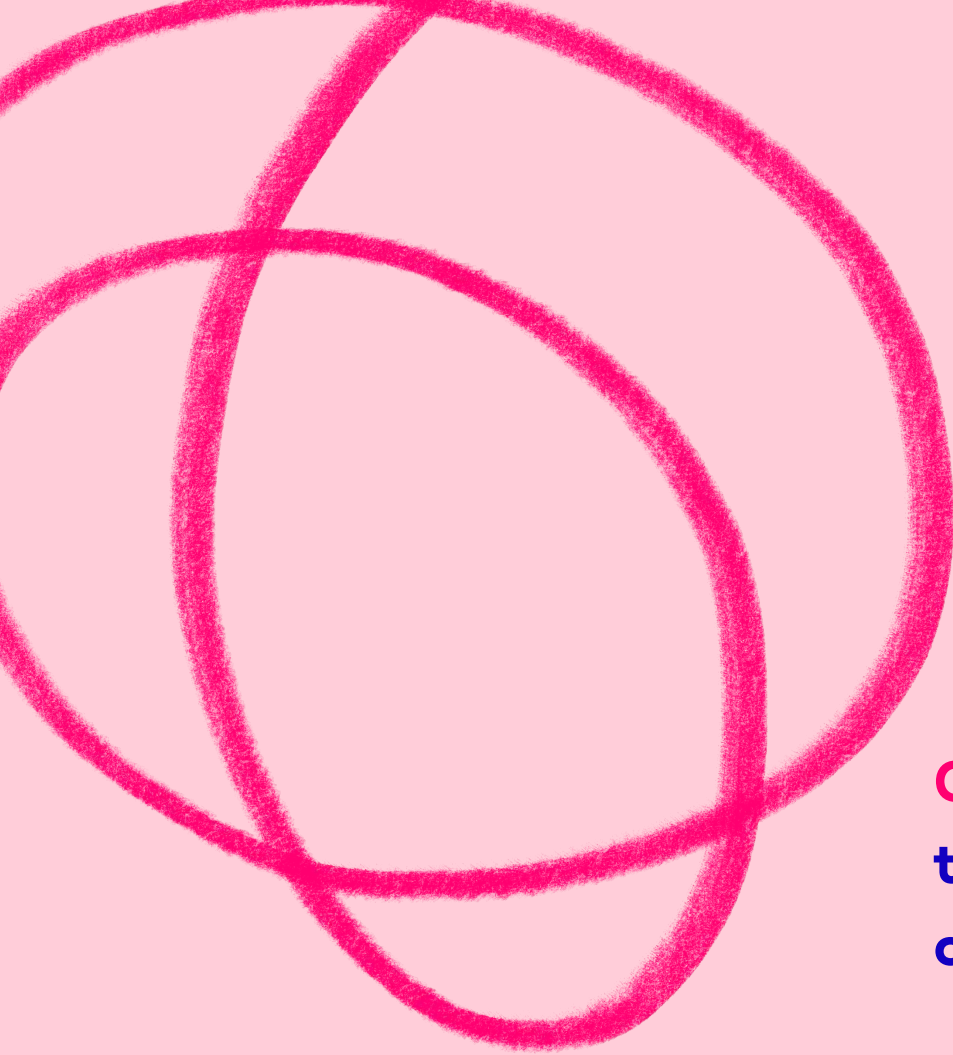
A bad taste - Ask colleagues to pay to express their bad taste and come to work wearing their worst tie or vibrant clothes.

Bake sale - Baking is a great hobby and your results are sure to bring smiles to everyone's face! Share your feel good food for a donation.

Why not hold a coffee morning with a difference, you can hold a caffeine free coffee morning or only bake healthy recipes?



Birthday gifts - celebrate your birthday and raise money for Hertfordshire Mind Network at the same time! Set up a fundraising page on our website and ask your friends and family to donate to the page rather than buying you a present!

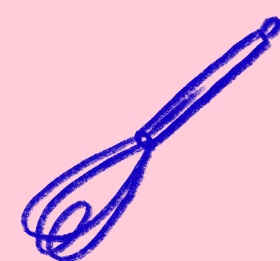


Book swap - Don't leave your used books on the shelf - books are made to be shared. Why not host an office book swap day? Promote around the office and encourage everyone to bring in their own books. Make a donation to Hertfordshire Mind Network to participate and get swapping!

Caption competition - Get a picture of a celebrity or your boss (if they agree) doing something unusual and ask people to submit a caption for a donation. Provide a small prize for the best caption.

Cheese and wine evening - Be a wine connoisseur for the night and charge an entry fee for friends, family or colleagues to try some of the loveliest wine and cheese that you have on offer!

Come and dine with me - Why not hold your very own dinner party? Invite friends, family or colleagues to enjoy your culinary delights in exchange for a donation.



Extreme challenge - Why not swim the distance of the English Channel in your local pool or run from Lands End to John O'Groats on a treadmill? You don't have to be superstar athlete for this one, you could split the distance over a few days or weeks.

Fivers - Get friends, family and colleagues to donate a £5 note each and write their name on it. Put the notes in a pot and whoever's name you pull out wins a share of the money, with the rest going to Hertfordshire Mind Network.

Give it up - Give up something you love for a good cause! Avoid chocolate, Facebook, using the lift - choose your challenge and ask your friends and family to show their support by contributing to Hertfordshire Mind Network.

Global Food Day - Share your culinary talents, cook your speciality dish and bring it into work to sell to your colleagues. It could be a dish that's been in your family for generations or something you just love to cook. Sit down for lunch together and take this opportunity to connect with colleagues that you don't normally chat to.





Halloween Party - Organise a spooky event to raise money for Hertfordshire Mind Network. You could play a game of witch hockey or hold a scary film night.

Happy Monday - Start your week with a smile and hold a fundraising get together with your colleagues. Hold a bake sale to brighten up Monday and wear bright clothes and ask everyone to donate £2 to take part.

Karaoke night - Which friend or family member has the hidden talent?



Learn a language - Do any of your colleagues speak another language? Ask them to run a short lunchtime course in holiday French/German/Spanish with colleagues making a donation to Hertfordshire Mind Network to attend.



Manager vs Manager - Pit your managers against each other to see who can raise the most money for Hertfordshire Mind Network, equipped only with their smartphones!


Office Olympics - Become an office Olympic Champion by participating in a number of fun events such as paper plane flyer and waste paper basketball.

Photograph competition - Do you have any top photographers in your office? Organise a photography competition and ask entrants to make a donation to Hertfordshire Mind Network. You could even set a theme for the competition. If there are any stand out entries you could hold an auction and raise some extra funds!

Positive steps - Change your route to work for a week; can you walk instead and donate your usual travel costs? Or how about getting off two stops earlier and getting your walks sponsored?



Quiz Night - Hosting a quiz at your local pub is easy to organise and a lot of fun. Be creative with quiz rounds; musical bingo, Family Fortunes or The Generation Game. Ask teams to make a donation to enter, fine people for checking their mobiles and organise a raffle or auction on the night. Prizes go to the team with the highest points and best team name!



Quote quiz - Whether it is film or literary quotes, test the knowledge of your colleagues with a quote quiz. Ask for a donation to enter and provide a small prize for the winner.

Raffle time - Ask your partners, suppliers or friends to donate some fab prizes and organise a raffle.



Spelling bee - All you need is a dictionary!

Spring cleaning - Rummage through your drawers and garages to find those old clothes or forgotten about belongings and hold a jumble sale or clothes swap shop in your office or for friends.



Sports Day - Sports days are a great way to get people together for a good cause. You could do this in a local park and include some snacks and drinks too! Ask participants to make a donation to Hertfordshire Mind Network and organise a grand prize for the winners!

Sweepstake - Hold a simple sweepstake on any event, the Grand National, X-Factor, the length of the bestmans speech at the next wedding you attend! Charge to enter and split the money between the winner and Hertfordshire Mind Network.



The Joke Box - A guaranteed laugh in exchange for a £1! Print out lots of jokes and ask your colleagues to donate £1 to pick one from the box.

Time to Talk Day - Set up a pledge wall and ask your colleagues to pledge their support to fighting mental health stigma and discrimination. You can even order some materials from www.time-to-change.org.uk. Hold a team lunch fundraiser by providing homemade soup and a roll for all the team and ask people to donate the money they would have spent on lunch that day to Hertfordshire Mind Network.

Xmas - Hold a party, go carol singing, sell mulled wine and mince pies or provide a gift wrapping service! Get into the Christmas spirit whilst raising funds for Hertfordshire Mind Network.



You Smartie - Did you know that a tube of smarties can hold 27 pound coins? Why not offer your friends and/or family some chocolate in exchange for them filling the tube? How much can you raise from other confectionary containers?!